



Cambridge High School Swimming Sports 2026

Thursday 26th February

Session Times:

Form Time: 8:45 – 9:00

Except all championship 200m freestyle swimmers (**Junior and Senior**) who need to be by the pool at 8:45am for their timed finals

- All Juniors at the pool by 9:00am, finish time 12:20pm
- Lunch will be 12:30pm – 1:15pm
- All Seniors at the pool by 12:45pm, finish time 3:10pm

Timetable

JUNIORS

Morning: FORM TIME 8:45am to 9:00am

POOL: 9:00am to 12:20pm

Afternoon: PERIOD 4: 1:15pm to 2:15pm

PERIOD 5: 2:15pm to 3:10pm

SENIORS

Morning: FORM TIME: 8:45am to 9:00am

PERIOD 1: 9:00am to 10:00am

PERIOD 2: 10:00am to 11:00am

INTERVAL: 11:00am to 11:20am

PERIOD 3: 11:20am to 12:20pm

Afternoon: POOL: 12:45pm to 3:10pm

Procedure on the day

Form Class Instructions:

- Juniors arrive at school in house colours, with togs underneath. Juniors are to bring uniform in their bag for the afternoon
- Seniors arrive at school in uniform
- Wear house colours at the pool
- All students seated in designated house areas
- The announcer will call for all swimmers to go to the marshalling area for each event where you will be placed in your division and lane

Notes:

- Bring plenty of food, drink, sun block, hat and house colours
- Swimming Sports is compulsory for all students

2026 Swimming Sports Draft Programme

Thursday 13th February

In each event, girls will precede boys

Event	1	200m Freestyle Final (Junior and Senior at start of the day)
Event	2A	50m Freestyle Qualifying
Event	2B	25m Freestyle Participation
Event	3A	50m Breaststroke Qualifying
Event	3B	25m Breaststroke Participation
Event	4	Tube Relays
Event	5A	50m Backstroke Final
Event	5B	25m Backstroke Participation
Event	6A	50m Butterfly Final
Event	6B	25m Butterfly Participation
Event	7	Bonus Points Event - Beach Ball Relay
Event	8	100m Individual medley Final
Event	9	Bonus Points Event – Fish (underwater Swim)
Event	10	50m Freestyle Final
Event	11	Bonus Points Event – Manu Competition
Event	12	50m Breaststroke Final
Event	13	House Relay Final